



2021 Fall Conference

October 13-15, 2021

**Mission Point Resort
Mackinac Island, MI**

Welcome to the MiHSE Annual Fall Conference. We are very excited to offer new opportunities this year with the addition of many breakout sessions to meet the needs of our diverse membership. The conference planning committee has worked diligently to bring our attendees relevant information in a TED-Talk type format so that you will leave each session with strategies that can be implemented right away in the classroom. As requested we've also implemented best-practices think tank sessions, so that members can brainstorm together common problems and create unique solutions that work for Health Science CTE teachers.

We are welcoming a variety of vendors this year as well. Vendors include university partners, CAE simulation equipment, AES instructional systems, Career Safe, and Everfi.

If you are a health science educator, this is the conference for you to attend this year. The conference cost also includes a membership to MiHSE and the Health Science Educator Association (HSEA) group. These memberships provide you with ongoing professional development education, monthly newsletters, and scholarship opportunities for your students.

The conference begins on Wednesday evening with our Executive Board meeting. Members can take time in the evenings to enjoy the sights and wonders of beautiful Mackinac Island. Activities include wine tasting, bike or carriage rides, a haunted theater, famous fudge, and much more. We will be hosting our silent auction this year as well, so bring something to auction off and your spending money. All proceeds go to our scholarship fund!

Reservations can be made at [Mission Point Resort](#), requesting the MiHSE group rate.

Ferry service is available through [Shepler Ferry](#), Group Code is MIHSE. Tickets are only \$21 round trip. Shuttle service to and from the Pellston Airport can be obtained through [Mackinaw Shuttle](#) 231-539-7005.

If you have any questions please contact MiHSE at 18mihse@gmail.com.

We look forward to seeing you in October!

Sincerely,

MiHSE Executive Board
President Melissa Feurhing

MiHSE

2021 Fall Conference Agenda

Wednesday, Oct 13, 2021

- Executive Board meeting 3:00 p.m. to 6:00 p.m.
- Check in at Mission Point
- Executive Board dinner 6:00 p.m.

Thursday, October 14, 2021

7:30 a.m.- 8:45 a.m. Registration and Breakfast

8:45 a.m. - 9:00 a.m. Welcome

9:00 - 11:00 a.m. Eustress versus Distress: How to identify anxiety in yourself and others. Dr. Dubay
 Currently anxiety affects more than 48 million adults in the United States. Do you ever wonder how much anxiety affects you? This breakout session will explain the difference between Eustress and Distress in order to help participants assess current levels of stress, identify common stressors, and manage anxiety.

11:00 a.m. - 11:30 a.m. Break/Vendor time

11:30 a.m. - 12:15 p.m.	Room
Building a nonprofit organization. Non-profit 101.	Friendship Alter
State of Michigan Health Science Program Help	Harrisonville
Mental health how to assess and help in the online environment	Sugar Loaf
Project Based Learning in Health Science	Sound Stage

11:30 a.m. - 12:15 p.m. Breakout Session Descriptions

- **Building a nonprofit organization, nonprofit 101- Bev Wenzel**
 Health science is heavily rooted in the nonprofit sector. As educators it is important that we understand and are able to explain to our students the differences in nonprofit vs other organizations. As a growing nonprofit

organization, MIHSE is also looking for members to take on leadership roles. This is a must have session for anyone interested in being a future leader in the MIHSE or other nonprofit organization.

- **Project Based Learning in CTE Health Science - Kathy VanTil and associates**

This session focuses on how Health Science CTE teachers can use projects and inquiry driven study to meet the requirements of a health science program in CTE. This was featured at the 2020 Michigan CTE Conference and is a 2-part session. Participants will learn new ways to guide students into understanding anatomy and physiology, incorporating STEM skills, and much more!

- **State of Michigan Health Science Help**

State consultants will discuss how to understand the requirements of the Health Sciences programs through the MDE. Individuals who are new to CTE, have questions about meeting requirements, or are looking to make changes to their programs should attend this session.

- **Mental Health: how to assess and address in the online environment - Dr. Dubay**

The need for mental health services has been exacerbated by the pandemic and restrictions. Many of our students struggle with mental health needs, yet due to virtual learning have been going under the radar with warning signs that might have been noticed in-person. Dr. Dubay will focus on how to identify mental health needs in a remote learning or online environment and how to have a meaningful impact on the students mental health needs remotely.

- **HOSA Help - Mark Burley**

Session with Mark Burley about HOSA. Informal Q and A session regarding all things HOSA. Participants will be able to bring their questions regarding chapter management, competition, being an advisor, and benefits of HOSA in the classroom.

12:30 p.m. - 1:30 p.m. Lunch/Networking

1:30 p.m. - 2:15 p.m.	Room
Classroom management for new teachers think tank	Friendship Alter
CIP Self-Review/Navigator	Harrisonville
HOSA Chapter Information- building a chapter	British Landing
Project Based Learning in CTE Health Science Part 2	Sound Stage

1:30 p.m. - 2:15 p.m. Breakout session Descriptions

- **Classroom management for new teachers think tank**

Opportunities for new (and seasoned) CTE teachers to come together to address common questions and concerns related to managing a CTE classroom. Rigor, relevance, discipline, reward, grading, transitions, etc. are all up for discussion. Get ready to bring your best practices and questions to the table to create unique solutions for you and your students!

- Part 2: Project Based Learning in CTE Health Science - Kathy VanTil and Annlyn McKenzie**
 This session focuses on how Health Science CTE teachers can use projects and inquiry driven study to meet the requirements of a health science program in CTE. This was featured at the 2020 Michigan CTE Conference and is a 2-part session. Participants will learn new ways to guide students into understanding anatomy and physiology, incorporating STEM skills, and much more!
- CIP self-review/Navigator - State of Michigan CTE Consultant**
 Expert help on how to conduct annual CIP Self-Reviews, uploading evidence into Navigator, and more. The State of Michigan Health Science Consultant will be presenting on how to access the Navigator system, the audit process, and using the GAP Analysis tool to improve program outcomes.
- HOSA Chapter Information - Mark Burley**
 Session hosted by Mark Burley on how to set up, maintain, and succeed with your HOSA chapter in the middle school, high school, or post-secondary environment. Information on adding in HOSA activities into daily lesson plans. A must for new advisors or those looking to enhance their current chapter.

2:30 p.m. - 3:15 p.m	Room
Classroom management for seasoned teachers think tank	Friendship Alter
Building resume, online profiles, being ready for college admission	Arch Rock
Mental health and mindfulness strategies	Sound Stage
HOSA: preparing for competition	British Landing
Building up our students for SUCCESS!	Harrisonville

2:30 p.m. - 3:15 p.m. Breakout Session Descriptions

- Classroom management for seasoned teachers think tank**
 Opportunities for seasoned CTE teachers to come together to address common questions and concerns related to managing a CTE classroom. How to advance beyond the traditional setting to advance into more student driven learning, incorporating PBL into the curriculum, and adding industry partners. Rigor, relevance,

discipline, reward, grading, transitions, etc. are all up for discussion. Get ready to bring your best practices and questions to the table to create unique solutions for you and your students!

- **Building our students up for SUCCESS! - Bev Wenzel**

Students are faced with many challenges and our environment is not always supportive of failure. Bev will explore how to utilize strength based approaches to build our students' confidence to not only succeed but to have resilience in the face of adversity, challenges, and failure.

- **“College Success 101: Helping Students Transition from High School to College - Kelly Lawson**

As part of the CTE curriculum career awareness and readiness is incorporated into all of our programs. But what gets our students to the front of the line? How can we utilize online resources like LinkedIn or Facebook to help students get into the college of their choice? This session focuses on how to build the online profile, resume, and be ready to ace the admissions interview for college.

- **HOSA: Preparing for Competition - Mark Burley**

Want to win more at HOSA? Need to build student enthusiasm to participate in competition? This session is about everything competitions for HOSA. How to interpret event guidelines, prepare for written and skills demonstrations to produce winners at all competition levels. Mark Burley goes over best practice strategies to interest and prepare students for HOSA Regional, State, and National Conferences.

- **Mental health and mindfulness strategies -Dr. Dubay**

Mental health is critical to physical health and wellbeing. The ongoing pandemic has also brought to the forefront the need to have improvements in our mental health system and the importance of individual mental health. This session will focus on strategies to help with mental wellness and stress management.

3:15 p.m. - 3:30 p.m. Break/Vendor time

3:30 p.m. - 4 p.m. Regional meetings - please take time to meet as a region

Friday, October 15, 2021

7:30 a.m. - 8:50 a.m. Breakfast/Check in/ Yoga at 8 AM

9:00 AM General Membership meeting MIHSE

9:30 - 10 a.m. Check-out/vendor break

10 am - 11:30 am Multiple Breakout Sessions

10:00 a.m. -11:30 a.m.	Room
Opioid Crisis training	Sound Stage
Successful fundraising strategies	Harrisonville
Best practices for health science educators think tank	Friendship Alter
Q & A with the consultant	Arch Rock
Best practices strategies to meet highly qualified status on annual evaluation- think tank	Sugar Loaf

10:00 - 11:30 a.m. Breakout Session Descriptions

- **Opioid crisis training - Health Department Region 2**
Continuing education on the opioid crisis for health professionals in Michigan. Education includes assessment, overdose interventions, and prevention of overdose for health professionals. CEUs provided by the MNS as required by Michigan for nursing license renewal. **To receive CEU you must attend and complete the course evaluation.**
- **Successful Fundraising Strategies - Beverlee Wenzel**
Are you tired of all of the work involved in fundraising to allow students to participate in their CTSO events? If so this is the place for you. Participants will learn strategies to help raise funds for their organization. Learn how to weigh cost vs return, have calendar based goals, and develop profitable partnerships that will lessen the time and burden fundraising takes from your already busy day.
- **Best practices for health science educators think tank- Brainstorming session**
Have you been in a classroom and thought “Wow! I would love to do something like that with my students”, but were not sure how to start. This session will focus on all of the “cool” things our members are doing in the classroom, how to implement and troubleshoot. Get ready to learn best practices to meet our benchmarks while having fun with our students!

- **State of Michigan Consultant Q & A Session**

Questions about your health science program or health science in general? This session offers an unscripted opportunity to ask questions regarding the health science requirements set by the Michigan Department of Education (MDE) with the health science consultant. Participants can expect to have questions answered, gain a deeper understanding of requirements for health science programs, and leave better prepared to manage their health science class requirements from MDE.

- **Meeting Highly Qualified Status on performance evaluation-Think tank**

Do you dread the annual evaluation? Do you want to be Highly Qualified and are not able to achieve the status? This session will focus on the teacher evaluation, what is and is not working to meet the HQ status for educators in CTE.

11:30 am - 12: 30p.m. Lunch

12:45 p.m. - 2:00 p.m. Perkins 5 Updates and direction from our State Consultant - C. Mills

Thank you to our Vendors



Think Tank Session Facilitation Guide

Greetings and thank you for joining the first ever “Think-Tank/Brainstorming” sessions at the MIHSE conference. These sessions were added as requested by our members. Our suggested topic sessions include:

1. **Meeting Highly Qualified Status on performance evaluation**
2. **Best practices for health science educators**
3. **Classroom management for seasoned teachers**
4. **Classroom management for new teachers**

In order to have the best possible experience we are suggesting the following format for attendees to follow.

1. Introduction (10 minutes)
2. Assign roles - (if desired), each group should have a facilitator, a recorder and timekeeper are also handy.
 - a. This can also be in a large round-table type format where everyone just freely shares ideas and information.
3. Have a goal or driving question
 - a. What do you want to leave the session with
 - b. What practice change or question do you need answered
4. Work the discussion around your driving question

A large note pad and markers have been provided for you to use for ideas, notes, etc.

Please record your question, discussion highlights, and outcomes on a sheet of paper to return so that we may share with all of our members. The back of this sheet could be used.

Thank you!

Presenter Biographies

Dr. Deanna Dubay

Deanna Dubay, DNP, PMHNP, has served as Associate Department Chair of Nursing for Davenport University for the last two years. Prior to that she worked as nursing faculty teaching in the areas of Nursing Fundamentals, Medical Surgical Nursing, Health Promotion, and Leadership. Dr. Dubay has worked as a nurse for more than 15 years and has experience in Medical Surgical Nursing, Obstetrics, Pediatrics, and Mental Health. She recently graduated from the University of Massachusetts Amherst with a doctoral degree in nursing practice and will serve the community as a psychiatric mental health nurse practitioner. Her love of mental health came while working with children with special needs in a school setting. She decided to pursue mental health as a nurse practitioner after seeing the desperate need of the Great Lakes Bay community in relation to the lack of health care providers. As part of her doctoral degree, Dr. Dubay implemented mental health simulation into a Bachelor's of Science in Nursing program to help nursing students feel less anxious and more confident treating mental health patients. Her hopes are to continue to educate the community on and help find a solution for the mental health crisis of the Great Lakes Bay Region.

Kathy Van Til

Kathy is an Allied Health Technology instructor with the Muskegon Area Career Tech Center. She has presented at many State of Michigan CTE conferences on using technology, Google based programs, and project based learning. Kathy has expertise in both CTE as a certified CTE instructor and in health sciences as a certified Occupational Therapy Assistant. Her experience includes CTE, community college program administration, home health care, and professional presentations at the Michigan Annual CTE conference and Learning on the Lakeshore conferences.

Annlyn McKenzie

Annlyn McKenzie is the Curriculum Coordinator at the MACTC. She is a graduate of Michigan State University. She has extensive experience in Project Based Learning and has presented with Kathy Van Til at the State of Michigan CTE conference in 2020. Annlyn is also a member of her local library board and works to support CTE education in a variety of forms.

Beverly Wenzel

Beverly Wenzel is Executive Director of The ROCK Center for Youth Development and Chief Creative Director of Discover You, a life-skills and character development program. She has in excess of 35 years of successful and intentional business leadership with 15 years of that in impact nonprofits. Her qualifications include being a Certified Public Manager through Saginaw Valley State University, Certified Fundraising Manager through the Fundraising School of Indiana/Purdue University (now Lily Fundraising School), and an Applied Positive Psychology Practitioner. Wenzel is an active speaker and presenter in areas including social emotional skills, fund development, and nonprofit leadership.

Celena Mills

Celena Mills is the Education Consultant through the Michigan Department of Education Office of Career and Technical Education. Celena Mills has extensive experience in education earning her Bachelor's Degree in Education from Ferris State University, and a Masters in Education from Michigan State University. She is also a member of the board on the National Consortium for Health Science Educators.

Kelly Lawson

Kelly Lawson is an Academic Advisor for Central Michigan University College of Health Sciences. Kelly brings to our conference a unique treat with morning Yoga on Friday along with her vast experience in working with

post-secondary health science students. She earned her MS in exercise science and counseling from Northern Michigan University.

Mark Burley

Mark is the Director of Michigan HOSA. As the Director, Mark conducts regional, state and national level conferences to help acknowledge and inspire students in their pursuit of a healthcare career. HOSA is a National Career and Technical Student Organization that provides a unique program of leadership development, motivation and recognition exclusively for secondary and post-secondary students enrolled in health science education programs. Learn more at www.michiganhosa.org