



APRIL 2, 2020

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## COVID-19

Within a few short weeks our country has been dramatically changed by the viral illness commonly known as COVID-19. This illness has caused schools to close, businesses to shut down, caused a nation-wide shortage of PPE supplies, among other things. During this time the importance of our health science educators could not be more clear. Proper education on infection control, use of PPE, hand hygiene, and the chain of infection are many topics we cover in our classes beginning on the first day. While it is uncertain at this time how long our day to day life will be affected by this, we as health care professionals are able to help support in many ways. Supplies from our classrooms that are unopened can be donated to local hospitals. MIHSE has requested that our Governor offer the same consideration to our CNA training programs that was given to University Nursing programs in allowing graduation (completion). Members can access free continuing education resources on-line through their joint membership with the NCHSE. Use the educational opportunity regarding the history of social distancing and quarantine in health care.

## Scholarship awards

### Region 1

**Jacey Johnson**

Marquette Senior High School

Ronda Manninen

### Region 2

**Abby McNamara**

Centreville High School

Darci Skrzyniarz

### Region 3

No entries

### Region 4

**Brianna Daley**

Fraser High School

Marti Van-I

### Region 5

**Raquel Morabito**

Downriver Career Technical Consortium

Dawn Anton

### Region 6

**Jael Wood**

West Shore ESD

Sally Wright

### Region 7

**Madyson Lamb**

Sanilac Career Center

Andrea Long

### Region 8

**Rachel Hendrian**

Farmington High School

Jennifer Yarger

### **Q: Who is eligible for the scholarship(s)?**

A: All students who are currently enrolled in a member teachers health science program and are a senior are eligible to apply. Applications must be complete and **postmarked no later than February 13, 2020** to be considered.

### **Q: How many scholarships are awarded?**

A. Currently one student is selected from each region for a scholarship.

### **Get involved with our scholarship committee!**

We are currently in the process of reviewing the scholarship application requirements and process. Want to have your voice heard? Join the committee or contact a member with your thoughts.

*“How very little can be done under the spirit of fear” Florence Nightingale*

### **MENTAL HEALTH IN ISOLATION**

Many of our students, peers, and even ourselves suffer from mental illness. This may be anxiety, depression, or any number of other conditions. The mandatory isolation, social distancing, and disruption of the normal day to day routine can greatly impact the mental health of everyone, but especially those who are already suffering. In person counseling services may be canceled, however there are still plenty of resources. Televisits with a counselor, phone sessions, and national help hotlines are all available. The National Suicide Prevention hotline is 1-800-273-8255. Check in with your students, peers, family, and friends. Help is available. It is okay to say “I’m not okay” during this time.

### **JOIN US**

MiHSE offers many benefits including scholarships, education, instructor resources, and much more. Be part of a growing organization dedicated to Health Science Educators.

**The TREASURER position for our executive board will be vacant after Fall 2021, please consider volunteering!**

### **FROM OUR STATE CONSULTANT CELENA MILLS**

COVID-19 Resources:

Not only have the last few months brought about changes in our world, but they have also brought new challenges to our work as educators and how we think about teaching and learning. None of us were prepared for this, so we’re finding ourselves in a position of being the teacher while also being a learner! We’re learning new instructional methods, new ways to conference with students, finding new resources, and thinking outside the norm to discover new ways of connecting and demonstrating concepts. An old African proverb says:

*“Smooth seas do not make skillful sailors.”*

I’m betting that, despite the unknowns and challenges we face, we’re going to come out on the other side of this as better educators with newfound skills.

In the meantime, I'm looking for ways to continue to help you. Here are some of the things I'm working on, but I welcome any ideas you have about ways I can meet your needs as you move forward into uncharted territory.

- OCTE has posted a [resource list](#) to help connect you with online resources for schools and students. This list is evolving daily, so check back often. If you know of resources that should be listed here, please send them my way so we can get them uploaded.
- OCTE is also getting lots of questions about how to move forward and what the new executive orders mean for CTE. This continues to evolve, but we are posting answers to the questions we have gotten each week on the state website. [The latest version from March 30<sup>th</sup> is here](#). Your CEPD administrator will be alerted to the newest information as it becomes available.
- Like you, I'm working remotely, but I'm available to connect via phone or video conference through Skype, Zoom, Teams, or other online conferencing services. You can always send an email, but if you want to talk through a question or idea, please reach out and let's chat! (And in the name of general self-care and wellness, I'll happily put on my former cosmetology hat and answer any beauty-related quarantine questions as well.) 😊
- CIP 51.0000 is one of the first to be going through the revision process under the Career Pathways Grant! I had the pleasure of sitting alongside that group as they thought through how to begin their task and I'm excited to see the great work that comes out of this project. Results of this project won't be available until winter (or later), but if you are asked to take part in their work, please add your expertise.

Finally, don't forget to take care of **you**. You are a group of giving, compassionate souls who have dedicated your career(s) to looking after others. Make sure to take care of yourself as well. You are all in my thoughts and prayers!

## Upcoming Events

### April 2020

- Executive board phone conference